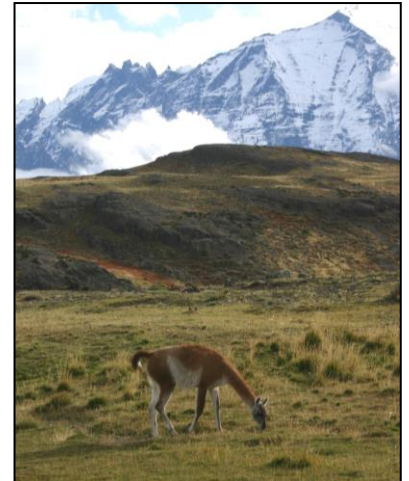




CHILE

PAINE PARK LODGE ADVENTURE

Torres del Paine National Park - Acclaimed as one of "50 Places of a Lifetime"
by National Geographic Traveler



DURATION: 10 days/9 nights
SEASON: November through March
DEPARTURE: Guaranteed with a minimum of 4 and a maximum of 12 participants
TRIP RATING: Moderate/Strenuous Walking Adventure, Grade (III) - This active trip includes 6 days of lodge or hostería-based hiking that average 8.5 miles per day at elevations below 2,500' plus scenic overland travel on some dirt roads.

2018/19 DATES: NOV 29 - DEC 08 JAN 17 - 26 FEB 21 - MAR 02
Also on request any week throughout the season for a minimum of 4 travelers.

INTRODUCTION:

Patagonia . . . the name conjures up images of gauchos riding vast, windswept expanses and recalls the era of the cowboy and westward expansion in the American West. True to this vision, the sparsely populated plains and peaks of southern Chile are scattered with enormous *estancias*, or sheep and cattle ranches, and contain some of the Continent's most impressive and dramatic wilderness areas. Torres del Paine National Park, one of the most spectacular destinations in the Western Hemisphere, compares favorably to world-renowned destinations like Yosemite or Glacier National Park in the USA, and should be on every hiker's list! The highlight of this rewarding adventure is 6 exciting days of hiking beneath the park's towering granite walls and icy peaks, considered by many to be South America's best hiking experience.

Following an overnight flight to Santiago, we connect south to Punta Arenas, one of the southernmost cities in the world. The next day, we drive through the rolling countryside of southern Patagonia to the quaint fishing town of Puerto Natales, overlooking Last Hope Sound. We continue north to Paine Park and start with a short hike and wildlife viewing, then continue to our lodge near the Ascencio River. From this base we take a warm-up hike along the banks of Nordenskjold Lake. A nontechnical ascent to the base of the towers provides outstanding, close-up views of the mountain's rock walls and hanging glaciers. Our next highlight is a boat ride and hike along Grey Lake, where we see the snout of 4-mile-wide Grey Glacier and its impressive ice field. In addition to incredible natural beauty, throughout this trip we observe astounding wildlife. The imposing walls of the Cuernos, or horns, dominate the horizon and tower ahead of us as we walk from Pehoé Lake to the remarkable French Valley, one of the Park's most beautiful areas. We spend the last two nights in Paine Park in a cozy hostería, offering superb views of the region and a hike along the secluded Pingo River valley. We return to Punta Arenas airport catching our flight to Santiago and connecting homeward.

DAY-BY-DAY ITINERARY:

DAY 01 (THU): HOME / SANTIAGO

We leave our city on an overnight flight to Chile's lively capital, **Santiago**, located at a comfortable 1,800' elevation at the base of the Andes.

DAY 02 (FRI): SANTIAGO / PUNTA ARENAS

Arrive early this morning in **Santiago**. Connect on your own to the 3.5 hour flight south to **Punta Arenas**. Located on the Strait of Magellan, this is one of Chile's main ports and is considered by many to be the southernmost city in the world. Here we meet our local guide and transfer together to the centrally located [Cabo de Hornos Hotel](#). After settling in, enjoy a brief tour of the city, including the main square where we find a bronze statue of a native Patagonian Indian. A short drive to an overlook offers views of the city and Strait of Magellan. If time allows, we visit the Salesiano Museum featuring legendary mountaineer priest, Alberto de Agostini and various indigenous groups. We follow the Costanera Boulevard back to our comfortable hotel and join our guide for a trip briefing and welcome dinner.

(D)

DAY 03 (SAT): PUNTA ARENAS / PAINE NATIONAL PARK

After an early breakfast, we drive northward across the Patagonian expanses to **Puerto Natales**. We may observe local *ovejeros* (herders) and their dogs, directing large herds of sheep and cattle to other pastures. The western slopes of the Andes are lush and green from bountiful rain, making for a scenic drive. After lunch in one of the finest restaurants in Natales, we continue toward **Paine National Park** (whose name, pronounced *pie-knee*, translates as "blue" in the Mapuche Indian language). After passing through a Chilean village near the Argentine border named Cerro Castillo, we get our first views of the Paine massif towering above the plains in the distance. As we draw closer to the deep blue waters of Sarmiento Lake, the impressive granite *Torres*, or Towers are distinguished. The park was established in 1970 and given World Heritage status in 1978. We are greeted by small herds of guanacos, a wild relative of the llama. At the Sarmiento Park Station we can take a short hike, following a trail over the steppe-covered foothills, past small ponds and meadows to the **Laguna Amarga** guard station. Possible wildlife sightings include the buff-necked ibis, red-fox, hare, flamingo, rheas and upland goose. From this point, a short drive takes us to the Cascada Paine for some panoramic views; then, we drive along a dirt road to reach the comfortable [Hotel Las Torres Patagonia](#), set beneath the Paine Towers, near the Ascencio River. **Driving distance:** 235 miles or 6 hours; **Hiking distance:** 4.5 miles or 2.5 hours; **Hostería elevation:** 650'

(B,L,D)

DAY 04 (SUN): NORDENSKJOLD LAKE HIKE

Our warm-up route begins with an easy/moderate hike, past a few small lakes including Laguna Inge. We skirt the foot of Mount Almirante Nieto (8,755'), then continue along the base of the Paine peaks, following a rolling trail along the northern shores of turquoise-colored Lake Nordenskjold. We pass through brushy areas, negotiate boggy sections and tackle stream crossings, jumping from boulder to boulder, as we make our way through the foothills up and down to a lookout point where we can get a glimpse of the impressive **Paine Horns**. There are 25 species of mammals recorded in the park including huemul, a type of deer found only in Chile, and puma, both of which are seen on occasion. Following our lunch break we can cool off in the clear waters of the nearby babbling creek, then return to our hotel on the same trail. In December and January, fields of daisies and other wildflowers fill the meadows. Time permitting, this afternoon we might look for flocks of *cachanas*, or Austral parakeets, or simply watch the afternoon light and clouds play across the mountains. Dinner is included at the Coiron restaurant at [Hotel Las Torres Patagonia](#), which features exquisite Patagonian cuisine and produce grown in their own organic greenhouse. **Hiking distance:** 9 miles or 6.5 hours; **Hostería elevation:** 650'

(B,L,D)

DAY 05 (MON): PAINE TOWERS HIKE

Today we have a demanding, but highly rewarding hike with a 2,600' elevation gain. Those who would rather not participate are welcome to remain in the valley, enjoying short hikes in the immediate vicinity. We take a trail that leads across the **Ascencio River**, then uphill along a steep path paralleling the river's right bank. As we gain altitude, following a lenga and cypress-lined gorge, we have excellent vistas of the Paine River, winding its way through the surrounding countryside below us. We cross a boulder moraine to reach the high cirque where we find the basecamp from which expert climbers from around the world attempt to scale the sheer granite walls of the **Paine Towers**. It is an awe-inspiring experience as we marvel at the scene before us. The impressive granite spires of the near-vertical towers, rocky moraines and hanging glaciers surround a lovely turquoise-colored tarn allowing for superb close-up views and outstanding photo opportunities. After a lunch break beneath Torres Norte (8,530'), Central (9,185'), and Sur (9,350'), we descend along the same trail to the comforts of the [Hotel Las Torres Patagonia](#), adjacent to one of the only working ranches within the park's limits. After a day of hiking you can retire to the bar or lounge for a drink, or to the spa for a massage. **Hiking distance:** 11.5 miles or 8 hours; **Hostería elevation:** 650'

(B,L,D)

DAY 06 (TUE): GREY LAKE

This morning we drive to **Laguna Amarga** for a brief walk on the lakeshore where we may be able to photograph the

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Towers reflected on the lake. We continue driving along the scenic dirt road south of the Paine massif and pass by lakes Nordenskjold and Pehoé to cross the Paine River and arrive to the guard station at Lago Grey. We walk along the lakeshore looking for the best views and some small icebergs. At noon we catch the Grey III catamaran for an hour-long voyage along this lovely lake surrounded by peaks. As we get closer to our destination we view the spectacular 4-mile-wide glacier in the distance, one of three that originate at the Continental Ice Cap. We may observe the drift of turquoise-colored icebergs, blown to the opposite end of the lake by the unrelenting winds. We disembark at the Refugio Grey and enjoy a picnic lunch in this forested area. In the afternoon we hike to **Pehoé Lake**, contouring the lower slopes of Cerro Paine Grande (the highest peak in the park at 10,007'). Views of Cerro Zapata (5,020') and several sparkling waterfalls cascading down the mountainsides make this an impressive hike. This area is also excellent for photography and watching for condors, sometimes passing within 100 feet of us as they soar across the ridges. The trail passes a small, secluded lake before reaching a final ridge with fabulous views of Pehoé Lake. We catch the last catamaran at 6:30pm for the picturesque ride to Pudeto. Once at the other side of the lake we visit Salto Grande Falls, formed where Lake Nordenskjold flows into Lake Pehoé. Later, we drive to the [Hotel Rio Serrano](#), a comfortable lodge with a modern design and rustic features, the superb restaurant offers an excellent wine bar. **Hiking distance:** 7 miles or 4 hours; **Hostería elevation:** 435' (B,L,D)

DAY 07 (WED): PEHOE LAKE / FRENCH VALLEY

Rising early for a full day of activities, we drive through the park to the Pudeto boat docks on Pehoé Lake. At 9:30am, we board the first catamaran for a 20 minute ride across the lake. The vessel is covered, during good weather it's nice to stand outside to take in the wonderful views of the impressive peaks above the Caribbean-turquoise waters. A trail then leads us through the rolling foothills at the base of Paine Grande peak. Dotted with scattered scrub forests, in November and December these hillsides are a brilliant red, covered with the blossoms of the fire brush. There are 200 species of plants found in Paine, including Calafate bushes and the lovely yellow Lady's Slippers, or *Calceolaria*. We cross the **French River** on a foot bridge to reach the Italiano Camp area and follow a steep trail along the narrow gorge, gaining a total of 1,850' in elevation. Our route takes us through lenga forests on the southeastern slopes of Cerro Paine Grande and crosses a few small creeks. As we gain altitude, we scramble through rocky sections of the mountain's boulder moraines to the first lookout point, located at 2,175'. On a clear day our efforts are well-rewarded, because from this extraordinarily beautiful cirque we have fantastic views of the high peaks all around. The granite walls of the Paine Horns (8,530'), as well as the Máscara (7,545') and Espada spires (8,205') directly to the east, are especially spectacular. We marvel at the geology of these incredible rock formations as we watch patches of snow break loose and thunder down Cerro Paine's rock and ice face in the distance. Returning along the same trail to the Pehoé Lake area, we catch the last catamaran at 6:30pm across the lake where our vehicle brings us back to the welcoming [Hotel Rio Serrano](#). **Hiking distance:** 11 miles or 8 hours. (B,L,D)

DAY 08 (THU): PAINE NATIONAL PARK / PUERTO NATALES

In the morning we drive to a western and more isolated section of the Park to hike along the **Pingo River valley**. This is a gentle and well-marked forested trail that gives us different scenery and terrain. It is home to the huemul, grey fox and other wildlife. With 105 species of birds in the park, birdwatchers have an opportunity to see the grebe, coot, upland goose, torrent duck, and oyster catcher among others. After a picnic lunch we drive back to the Park's Administration Center for an overview of the region and the geological forces that created the dramatic Paine formations. From this point it is a 2-hour drive following the unpaved road directly to **Puerto Natales**, enjoying some final views of Lago del Toro Lake, the horns and towers. Small herds of guanaco roam freely in this area providing nice photo ops with their young, or *chulengos*. We drive back across the Patagonian steppe and stop to stretch our legs with a short visit to the Milodón Cave, named for the mythic prehistoric mammal thought to have lived here. Continuing to Natales we check-in to one of the town's finest hotels, the [CostAustralis](#). On **Last Hope Sound** across from the hotel, Black-necked swans are often seen paddling at sunset. We join our guide for a congenial gourmet farewell dinner at the hotel or nearby restaurant. **Hiking distance:** 7 miles or 3.5 hours. **Driving distance:** 72 miles or 3 hours. (B,L,D)

DAY 09 (FRI): PUERTO NATALES / SANTIAGO

Departing early, we drive south across the Patagonian Steppe to the Punta Arenas airport. At the airport, we check-in for our flight to **Santiago**. Upon arrival, you walk the short distance on your own to the International Terminal and check-in for the overnight flight back home. **Driving distance:** 150 miles or 3 hours. (B,L)

DAY 10 (SAT): SANTIAGO / HOME

Arrive home this morning.

NOTES ON THE ITINERARY: A flexible attitude and good physical condition are required to participate in this trip. Due to the extremely changeable nature of the weather in Patagonia, day-to-day activities are subject to modification at any time. Hiking segments may vary according to group and road/river/trail conditions. Hiking and

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driving distances and altitudes are approximate, and times indicated are NET, not including lunch breaks, rest stops, time to explore the surroundings, etc. Estimated driving times may vary due to speed limits and high winds or other weather factors, as well as road conditions. This trip is suitable for physically fit participants accustomed to outdoor activities; minimum age is 12. To coincide with the itinerary indicated above for DAYS 7 & 8, departures should be from November 11, 2018 to March 08, 2019. Paine Park Lodge Adventure is still possible with departures earlier than November 11 or later than March 08, but the hike on DAY 07 will be shorter in order to follow the Pehoé Lake catamaran's seasonal schedule. On DAY 08 the Pingo River valley hike may be substituted for the hike up to Mount Ferrier lookout in the same area, depending on Park's onsite regulations. Pingo valley is a secluded and restricted area where the forest and wildlife are well protected.

Due to seasonal restrictions, instead of the Hotel Rio Serrano at Paine we may stay at the equally comfortable and nearby Lago Grey Hotel or at the cozy Patagonia Camp. Most hikes are optional, allowing for participants with a slower hiking pace to cover fewer miles than more enthusiastic group members. Trails are well-marked, but it is recommended that you have intermediate mountain or wilderness hiking experience and remain in visual contact with the group since there will typically be one guide with the group. In addition to changeable weather, another important factor in Patagonia is the tremendous distances that must be covered. This is a vast region comparable to the combined territory of Texas, California and Montana. There are many unpaved roads and no regular local air service (except for flights into Punta Arenas). We have designed this adventure to minimize the amount of driving, but keep in mind that we still cover 500 miles.

2018 LAND COST: \$5,745 p.p.d. (4-5 participants)
 \$5,225 p.p.d. (6-9 participants)
 \$4,815 p.p.d. (10-12 participants)
 \$1,235 Single Supplement

p.p.d.= per person based on double or triple occupancy.
2018 Land Costs are valid for departures through March 2019

ESTIMATED AIRFARE:

The Land Cost DOES NOT INCLUDE ANY FLIGHTS. Round-trip **international** air from US gateway cities is approximately \$900-1,100 per person. Dec 15-Jan 15 is a peak travel time so higher fares may apply. Local **in-country** flights ARE NOT INCLUDED; budget on approx \$300-\$450 per person for the local air. There are some new but limited direct flights from Santiago to Puerto Natales that saves on overland drive time (inquire with your Southwind consultant). Airfares are subject to change at any time before tickets are issued. International carriers offering non-stop service from US gateways include; **American** (JFK, Dallas & Miami), **United** (Houston & Newark), **LATAM** (JFK, Miami & JFK) and **Delta** (Atlanta). Upon receipt of your deposit, Southwind's ticketing office can send you recommended air arrangements to match your land itinerary and coordinate all the flights for you.

SERVICES INCLUDED:

- Comprehensive **pre-departure planning packet** and expert travel advice.
- All **in-country transfers** as scheduled (transfers on different days are additional). Ground transportation in spacious and comfortable private vehicles with professional drivers.
- Boat or Catamaran transportation where applicable.
- Local and return flight reconfirmation, in-country check-in and luggage assistance (airport luggage handler tips included).
- All **accommodations in standard-class (4 star) hotels** as listed (or at similar hotels/ hosterías, the best available in Paine) on a shared basis with private bath. Advanced bookings are recommended if you plan to arrive early or extend your stay. Double beds for couples (primarily king or queen-sized) can be requested in advance, but cannot be guaranteed, as the hotels offer few rooms with double beds.
- Single Supplement provides single room accommodations. Due to the small size of the hosterías at Paine, there is a maximum of 2 singles allowed per group. If you require single accommodations, making reservations well in advance is recommended.
- All **meals** indicated on the itinerary (B=breakfast; L=lunch; D=dinner). **Vegetarian diets accommodated** on request (advance notification required). For other diets, consult your travel specialist before making a reservation.
- All **guided tours & excursions** (as listed) conducted on a private basis by knowledgeable, English-speaking local guides in each region (includes applicable entrance fees). The boat ride on Paine's Grey Lake & the

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catamaran ride on Pehoé Lake are operated on a seat-in-boat basis, meaning there will be other travelers aboard, although our group will be privately escorted.

- **First-class Hiking service** including:

- Experienced, knowledgeable, English-speaking, Andean guide & assistant guide (provided for groups with 9 or more participants).
- Packed or picnic lunch.
- Entrance fees.
- First-aid kit.

NOT INCLUDED:

- US domestic, International flights, nor local flights within Chile.
- Chilean airport arrival & departure fees (approx. \$17 per person)
- Two (2) meals at about \$25-40 each per person.
- Tours, meals or other services not listed on the itinerary.
- Alcoholic beverages nor items of a personal nature; such as clothing, equipment, laundry & phone calls.
- Tips to the local staff.
- Expenses incurred in preparing for this program such as, but not limited to, non-refundable airline tickets or traveler's insurance, nor additional expenses resulting from flight delays, schedule changes, cancellations, or missed connections.

TRAVEL INSURANCE: We strongly recommend purchasing coverage to protect your trip investment. Travel insurance is important in case of unexpected events prior to departure causing the need to cancel or change your dates. Weather, geologic events, local strikes, personal injury/illness for you, your traveling companion or family members, could require itinerary interruption or changes. Missed connections, delayed arrival, lost/delayed baggage or the need for medical attention or evacuation are also reasons why coverage is important. Southwind offers several plans through Travel Insured International (TII) to fit your budget and coverage amount. We recommend TII's *Worldwide Trip Protector* which offers a good value and **free coverage for kids 17/under traveling with a related adult**. If you, your traveling companion or a family member has a pre-existing medical condition, you can still receive coverage if a recurrence of the condition forces you to cancel your trip (some restrictions apply and plan purchase needs to be done **within 21 days of your deposit date**). **Please call our office for a quote** or to discuss your insurance options. See our [Travel Insurance](#) page to learn more and purchase a plan.

GUIDES: Alejandra Olea – a biologist from Santiago and graduate from the University of Chile, a passionate traveler herself that came to Patagonia as a visitor for the first time and stayed. She has experience as a guidebook editor and loves telling stories about the local culture and traditions. Alejandra has been leading tour groups, hiking, horseback riding and exploring Paine and Patagonia for the past 17 years and has also studied the Estancias in this region. She has also worked aboard natural history cruise ships to Tierra del Fuego guiding land/sea excursions and giving lectures about the flora, fauna, geology and history of this region.

Mauricio Cortes – born in Punta Arenas, Chile, Mauricio has been leading trekking and tour groups for more than seven years. He has been exploring Patagonia's routes and trails his entire adult life. From a keen interest in tourism's relationship with nature and local cultures and interest in foreign languages, he has studied both eco-tourism and translation at the university level. He is fluent in English and a first-responder certified by the National Outdoor Leadership School (NOLS). His outdoor passions are traveling, biking, hiking, mountaineering and bird-watching.

Jorge Nuñez, John Ugarte & Martin Castrillo - each with a minimum of 5 years experience leading groups in Patagonia, these native bilingual guides are also among the fine professionals working with our groups.

OPTIONAL SANTIAGO VISIT: Participants with an extra day and night of vacation time are **highly recommended** to stay one day longer and explore Chile's lively capital and surrounding countryside. You'll have a chance to explore Santiago's cosmopolitan and historical sides, followed by an excursion into Chile's world-class wine territory and visit to local wineries. The Santiago add-on is customizable according to interests, and can be added to the beginning or end of your itinerary.

Highlights of a Santiago visit include:

- Santiago's historic center, Plaza de la Constitución, the Presidential Palace, Cathedral, Palacio de la Real Audiencia and Casa Colonial

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- Museum of pre-Columbian art
 - Mercado Central, one of Chile's largest fresh seafood markets
 - Panoramic city and mountain views as seen from the top of San Cristobal Hill
 - Lunch and a guided tour of Santa Rita winery located in the Maipo valley, an hour from Santiago
- Contact your Southwind Travel Consultant for suggestions and a price quote.

OPTIONAL TRIP EXTENSIONS: Participants with extra days can extend the trip to visit Chile's other impressive destinations. We recommend a 5 day/4 night excursion to Easter Island, a 4 day/3 night pre-extension to the Lake District or a 4 day/3 night visit to the Atacama Desert. Extensions require a minimum of 2 participants. For details see [Paine Park Lodge Adventure Extensions](#).

PATAGONIAN WEATHER:

Located at the southern tip of the South American continent, the Patagonia region is a land of capricious weather that includes high winds, snow and rain. The best time of the year for hiking in this area is the period of November through early March. Although temperatures seldom reach extremes (average daytime highs range from 58-72°F according to cloud cover and/or sunshine, with nighttime temperatures ranging from 40-45°F), the weather is extremely changeable, varying from warm sunshine, to drizzle, to rain and/or sleet in a matter of minutes and returning to sunshine just as quickly. Wind is a constant factor, ranging from strong breezes of 15-20 mph to gale forces reaching up to 60 mph on some of the saddles. To ensure comfort, clothing must be readily and quickly adaptable to such changing conditions.

HOW TO SIGN UP: Please complete Southwind's [Trip Reservation eForm](#). There are fields for up to 4 travelers per form with the same address. Upon receipt, your Travel Consultant will send you a SmartPay link **to pay your \$1,000 per person deposit** by any major credit card. If you prefer, you can also call us at 1-800-377-9463 to make payment arrangements by phone or send a check. You will receive confirmation of your deposit.

Due to the popularity of Patagonia and Paine Park, we recommend making reservations at least 4-5 months in advance. Once your trip is guaranteed to operate, you will receive comprehensive pre-departure planning documents by email.

Land Balance: Final payment is due at 90 days by Visa, MasterCard, Discover, American Express or check. You will receive a trip invoice indicating your balance due. Provided services and space are available, reservations can be accepted up to 30 days before departure.

Cancellation Fees and other policies are outlined under the current [Terms & Conditions](#) on Southwind's website.

Save! Early Sign-up Discounts

Sign up 10 months in advance for **10% savings** per person*
Save **4% to 9%** for booking 4 to 9 months in advance respectively
Call **1-800-377-9463** for details, questions or to make a reservation

www.southwindadventures.com